

EUCCHARISTIC REVIVAL



Personal Reflection: Sharon, on Unity With Our Savior

Sharon Ezzo recently shared this reflection:

I am blessed to have made a Cursillo almost nine years ago and now attend a weekly follow up group. One of the members of the group said that Cursillo "made me take out my faith and really look at it". I feel the same and the experience helped me be more intentional in my spiritual journey. The first thing we discuss in group is the moment closest to Christ we noted during the week. This helps me pay attention to my awareness of His presence as I go about my day, knowing I will be presenting it to others. It may be some facet of nature I find exceptional on my frequent hikes, or witnessing some poignant act of kindness, or even a homily that resonates and stays with me. Often, it's the Lord reminding me that I am not in charge and it's His plan, not mine, that forces me to take notice.

I know that He is always trying to get my attention, but I am too often busy, distracted, or intent on going my own way without thought or intervention. I don't listen as I should. That is when the majesty of the consecration grabs me and I am reminded that I am about to partake in a serious and profound experience. I don't have to rely on my imperfect awareness of Christ, because I will be sharing in an intimate, physical unity with my Savior. He is with me and His promise, "Come to Me and I will give you rest" takes on new meaning. I am able to surrender and receive respite from the fears, chaos and anxiety of living life in a very scary world. The key is to take that respite and hold onto it as I go through the challenges of life. I can always reach for the comfort and peace and consolation only He can provide. What an amazing gift and reminder that He is with us and also, within us.

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- Sharon

**IF YOU WOULD LIKE TO SHARE YOUR THOUGHTS ON WHAT THE
EUCCHARIST MEANS TO YOU, CONTACT MARY AT
COMMUNICATIONS@STJOSEPHMECH.ORG OR 717-766-9433.**

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